



THE HULL & EAST RIDING KARATE ACADEMY

Certificate of Achievement 2012

Sporting Excellence in Karate

Regional Level

Adam Crossley

This is to certify that Adam Crossley has performed to a very high standard in Competition Sport Karate throughout 2012 winning the medals and titles listed below:-

Championship Success - 1 Silver 1 Bronze

Shindo Kai Junior Championships - 25th March, Barnsley

Silver - Individual Kumite

Bronze - Pairs Kata

Congratulations on your sporting achievements throughout 2012. Well done Adam.

Sensei Wayne Clarke 3rd Dan

Head Coach - The Hull & East Riding Karate Academy

